

SLF 01

mosaiXmultiply

Dynamic Christian Spirituality 01

Spiritual Life & Formation



Session 01 Foundations

INSTRUCTOR



STEPHEN BECK PhD. Stephen is a career church planter and church planting instructor. He has served with the Redeemer Church Planting network in Canada, more recently with Greater Europe Mission in Germany. He is considered one of the "cutting edge" Greater Europe Missionaries in this regard. He is a Professor of Practical Theology at Freie Theologische Hochschule in Giessen, Germany. He has also been guest lecturer at several institutions on the European continent. He is married to Susan, and they have four children. In 2011 Stephen and Susan embarked on yet another journey: together with 25 college students they planted a multi-everything church for the Frankfurt metro region. Through the refugee wave that came over Germany, this church multiplied to 15 congregations in 6 years.

Goals

This 14-session course will focus at the Definition of “Christian Spirituality”; a gospel-driven Spirituality; Christ – the goal of our spirituality; the role of the Holy Spirit in our spiritual formation; 4 aspects of God the Father that are cornerstones in spiritual formation: sovereignty, holiness, love, pleasures of God.

Sessions Overview

- 1. Foundations**
2. Christ as the Foundation
3. The Holy Spirit-Introduction
4. The Holy Spirit and New Birth
5. The Holy Spirit and Control of Body
6. The Holy Spirit and Impressions
7. The Holy Spirit and Help
8. God's Sovereignty
9. God' Holiness
10. God's Love
11. Character Development
12. God's Pleasures
13. Gospel Driven-Part 1
14. Gospel Driven-Part 2

Session Summary

Christian spiritual formation requires self-examination and God-examination. In this session, we will begin to unfold what Christian spiritual formation is, and discover ways to become intentional in our own spiritual formation.

Fill in the Blanks

1. What does it mean to be in Christ? Why does God take our sinful human nature into himself?

2. Can you think of an example of when God liberated you from your “me-enslavement”? (10:30)

3. What are the implications of living only with outward formation, and not inward formation in Matthew 7:22?

4. What does it mean that our emotions are in God? How do we begin to heal our emotions? (17:50)

Dynamic Christian Spirituality 01

Spiritual Life & Formation

5. Can you think of a time in your life when you felt a good emotion, but you felt it wrongly?

6. In your own words, what does Galatians 5 say about the evidence of spiritual transformation in our lives?

7. How can the cultures we are immersed in influence how we express our emotions?

8. According to Dr. Beck, we all need psychological healing. What are some ways you can start your psychological healing to bring dynamism to your inner Christian spiritual transformation?

SLF 01

mosaiXmultiply

Dynamic Christian Spirituality 01

Spiritual Life & Formation

