



Session 07
The Holy Spirit and Help

INSTRUCTOR



STEPHEN BECK PhD. Stephen is a career church planter and church planting instructor. He has served with the Redeemer Church Planting network in Canada, more recently with Greater Europe Mission in Germany. He is considered one of the "cutting edge" Greater Europe Missionaries in this regard. He is a Professor of Practical Theology at Freie Theologische Hochschule in Giessen, Germany. He has also been guest lecturer at several institutions on the European continent.

He is married to Susan, and they have four children. In 2011 Stephen and Susan embarked on yet another journey: together with 25 college students they planted a multi-everything church for the Frankfurt metro region. Through the refugee wave that came over Germany, this church multiplied to 15 congregations in 6 years.

Goals

This 14-session course will focus at the Definition of “Christian Spirituality”; a gospel-driven Spirituality; Christ – the goal of our spirituality; the role of the Holy Spirit in our spiritual formation; 4 aspects of God the Father that are cornerstones in spiritual formation: sovereignty, holiness, love, pleasures of God.

Sessions Overview

1. Foundations
2. Christ as the Foundation
3. The Holy Spirit-Introduction
4. The Holy Spirit and New Birth
5. The Holy Spirit and Control of Body
6. The Holy Spirit and Impressions
- 7. The Holy Spirit and Help**
8. God's Sovereignty
9. God' Holiness
10. God's Love
11. Character Development
12. God's Pleasures
13. Gospel Driven-Part 1
14. Gospel Driven-Part 2

Session Summary

In this session, Dr. Beck shares about the Holy Spirit helping us through our weaknesses, stretching us, being our helper, and sanctifying us, so that we can be transformed into the likeness of Christ.

Fill in the Blanks

1. Can you recall a time when the Holy Spirit stepped in and helped you in your weakness?

2. What does Matthew [10:19-20](#) say about the Holy Spirit helping us in our weakness? How does this make you feel?

3. When we witness to someone and receive a negative response from the other person, what takeaway does Dr. Beck remind us to have?

4. In talking about Romans 8:26 and our weaknesses, Dr. Beck said that God takes, “the tears we cry into a rainfall of blessings”. Pray and ask who God would like you to share this encouragement today.

5. Dr. Beck shared a very stretching time for him as he preached in a church in Cuba. What are your thoughts about this story? How can we be encouraged in the way the Holy Spirit stretches us to break down cultural and denominational barriers to see his power, goodness, and love for all people?

6. Do you have a “tightly created theological box”? If so, are you willing to step outside of it?

7. In your own words, explain the role of The Holy Spirit as a helper

8. What does it mean that the Holy Spirit sanctifies the believer?
